



Institute of Natural Medicine

15 hours, 3 days

Certificate in Reflexology Course



Availability Date:- All year around

Reflexology is an excellent way to prevent and relieve problems & ailments of all organs of the body. This therapy involves applying correct pressure to stimulate energy to the reflex points found on hands & feet, which correspond to all organs in the body. In this therapy, vital energy circulates between the organs of the body, permeating every living cell & tissue. If this energy becomes blocked, then all parts of the body relating to the blockage are affected.

At INM, you will learn the authentic techniques of pure reflexology. We will guide you step-by-step on how to perform the correct technique for each treatment. Here our Gurus will teach you everything you need to know about this method and help you to provide services according to the patient's ailment.

Daily Schedule of Non Residential Course



Institute of Natural Medicine

11:15 am – 1:30 pm Reflexology training

3:00 pm -5:45 pm Reflexology training

5:45 pm Organic tea time

Daily schedule of Residential Course :- 2 night & 3 days

(Includes Course fee, Room, Yogic Breakfast, Lunch , Dinner , Mineral Water & Organic tea)

7:30 am – 8:30 am Yogasana

8:45 am – 11:15 am Yogic breakfast & rest time/ self study

11:15 am – 1:30 pm Reflexology training

1:30 pm – 3:00 pm Lunch & Leisure time

3:00 pm -5:45 pm Reflexology training

5:45 pm Organic tea time

7:00 pm Dinner time

Choose your Accommodation

- Private room with private bathroom ~~USD~~ 315
- Private room with shared bathroom ~~USD~~ 270

Please note:- Sharing bathroom are outside & shared only with two rooms

Reviews

I was searching for government affiliated institutions for massage training and i found only this this. I booked this place but also i had a doubt weather its good or not good. When i reached and started my training here i was totally satisfied. I really wanted to do diploma in massage but I didn't have time so i did only reflexology training. Highly recommended to this place for reflexology course

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Bishal Gurung

Price:

Without accommodation US\$ 225

Private room with private bathroom US\$ 315

Private room with shared bathroom US\$ 270

[Book Now](#)