



Institute of Natural Medicine

3 days - 10 hours

Reiki Level Two Training in Kathmandu, Nepal



Reiki Level Two Training in Kathmandu, Nepal (3 Days - 10 Hours)

Deepen Your Healing Practice with Reiki Level Two

Reiki Level Two marks a powerful shift from personal healing to healing others with confidence, intention, and advanced energetic techniques. Offered at the **Institute of Natural Medicine in Thamel, Kathmandu**, this transformative training expands the foundation built in Level One and introduces you to the deeper spiritual and practical dimensions of Reiki.



This intermediate course is ideal for students ready to strengthen their intuitive abilities, learn distance healing, and work more deeply with chakra balancing. Whether you aim to practice Reiki professionally or wish to enhance your spiritual journey, this **Reiki Level 2 course in Nepal** provides profound clarity, guidance, and energetic empowerment.

What You Will Learn in Reiki Level Two

Across three days and ten hours of guided practice, meditation, and personalized instruction, you will learn:

- **The Three Sacred Reiki Symbols** and how to activate them
- **Emotional and mental healing techniques** for deeper transformation
- **Distance/remote Reiki healing** across time and space
- Advanced scanning, chakra reading, and energetic diagnosis
- How to clear, stabilize, and protect your energy during healing sessions
- Professional ethics for offering Reiki to others

This level strengthens your connection to universal energy, enhances intuition, and expands your ability to support others physically, mentally, and emotionally.

Why Learn Reiki Level Two in Kathmandu

Kathmandu is a global center for spiritual and holistic studies, making it an exceptional place to advance your Reiki journey. Training at our wellness center in Thamel offers:

- Authentic Japanese Reiki lineage in a supportive environment
- A peaceful, energy-rich setting ideal for advanced practice
- Access to complementary therapies such as [sound healing](#), [crystal healing](#), and meditation
- A community of healers, travelers, and energy practitioners

Many students choose Nepal specifically because the region's spiritual atmosphere enhances attunements, meditation, and intuitive development.

Who Is This Course For?

This **Reiki Level Two training in Kathmandu** is perfect for:

- Students who have completed [Reiki Level One](#) (any lineage)
- Individuals ready to support others through healing
- Wellness practitioners seeking additional modalities
- Travelers and spiritual seekers wanting deeper energetic insight
- Anyone curious about distance healing or emotional release techniques



Benefits of Reiki Level Two

Students often describe Level Two as a gateway to intuitive awakening and deeper emotional healing. Benefits include:

- Heightened intuition and energetic sensitivity
- Stronger ability to heal others effectively
- Mastery of distance healing techniques
- Tools to manage emotional patterns and mental stress
- Enhanced chakra clearing and aura cleansing abilities
- A deeper spiritual connection and meditative awareness
- Ability to integrate Reiki with [yoga and meditation](#), breathwork, or [sound healing therapies](#)

Course Duration & Fees

Duration: 3 Days – Total 10 Hours

Price: USD 225

Why Choose the Institute of Natural Medicine

The Institute of Natural Medicine is one of Nepal's leading centers for energy healing, known for its authenticity, experience, and personalized approach. Students choose us because we offer:

- Experienced Reiki Masters attuned to traditional lineage
- A calm, supportive learning environment in Thamel
- Hands-on practice with guided feedback
- Integration with complementary therapies like [singing bowl sound healing](#) and [crystal healing](#)
- A balanced mix of theory, experience, meditation, and attunement

Continue Your Reiki Journey with Confidence

Reiki Level Two is the gateway to deeper healing and intuitive development. By completing this training at the Institute of Natural Medicine, you will strengthen your energetic awareness, expand your healing abilities, and build a foundation for advanced practice, including Reiki Mastery.

Begin the next step of your Reiki journey today. Join us for Reiki Level Two in Kathmandu and step into a new level of clarity, connection, and healing potential.

Price:

Course only US\$ 225

Course with private room and private bathroom US\$ 315

Course with private room and sharing bathroom US\$ 300



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[Book Now](#)